

Mix Ancient Sunrise® Indigo Paste to Dye Hair Black with Ancient Sunrise® Henna, then Indigo

This will be applied to hair that has been dyed with henna within the previous 48 hours to produce black. Mix the henna paste and let it release dye overnight.¹



Add some CMC powder to give your indigo powder a creamier, manageable texture.

Mix the CMC powder with the indigo powder dry, and stir them together completely. If you do not have CMC powder, you can use dry instant vanilla pudding. This makes the indigo paste smell better; some people find the indigo scent unpleasant. Some people add a little salt to indigo for better stain results.



Add water to the indigo paste gradually, and stir until there are no more dry lumps

This paste will be applied to hair that has been hennaed and shampooed.²

¹ Mix henna paste according to instructions in Chapter 7, Mix your Paste.

² To view this complete two-step black process, see chapter 8, Example 5.

“Ancient Sunrise® Henna for Hair,” Chapter 7, Mixing and Testing Your Henna Mix, Copyright © 2015, Catherine Cartwright-Jones PhD, TapDancing Lizard® LLC www.mehandi.com www.hennaforhair.com www.ancientsunrise.com

Ancient Sunrise® Henna for Hair Chapter 7 Mixing and Testing Your Henna

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